

TFN Impact Report

Name of your Organisation:	Youth Talk
Name of the project TFN funded:	Youth Talk Counselling
Date Funded by TFN:	03/03/2021
Were you able to undertake your project as planned?	Yes
If no, please outline how the project has changed.	
Can you describe and/or demonstrate the specific impact that TFN funding has had against your initial objectives?	<p>As a direct result of your funding we were able to provide double the amount that we expected!</p> <p>Our bid was for £3k to support 5 young people with 12 counselling sessions each. As we raised in excess of £6k on the night I am delighted to report that as a direct result of your funding we have been able to support 10 young people across St Albans with the help and support they need with their mental health challenges.</p> <p>Thanks to you, we have helped the young people to come to terms with things, develop coping strategies and successfully move their life on in a more positive manner. The young people we were able to help were able to gain greater insight to their worries/challenges. They were able to take control, better manage their mental health so that it did not deteriorate further. It has helped their lives to become more manageable and enabled them to get their lives back on track.</p>
What portion of the project did TFN fund?	5%
How many direct beneficiaries did the TFN funded project reach?	10
How many indirect beneficiaries did the TFN funded project reach?	Difficult to assess
Were you able to leverage further funding as a result of TFN support?	No
If yes, how much were you able to raise?	
Did you receive any pro-bono support, volunteer offers or introductions as a result of the event?	No

TFN Impact Report

If yes, please can you provide details of the support you received?	
Has the training you received from TFN better prepared you in pitching your organisation to potential funders?	Yes
Has TFN increased your capacity to raise further funds?	Yes
How important was TFN funding in helping you achieve your objectives?	We would have found it difficult to achieve our objectives without TFN funding
Since presenting at TFN, has your organisation undergone any other significant changes?	We are currently on a drive to scale up our income in order for us to meet the unprecedented demand we are seeing on the service. This includes us trying to secure new, larger premises for the charity to enable us to double the amount of counselling we are able to offer young people.
Do you have any other comments or feedback on the experience of the TFN process?	HUGE thank you!
Can you tell us any personal stories to highlight the value of the project?	<p>We have a number of questions we ask our young people at the end of their counselling - one of these is to rate whether they were happy with their counsellor. 99% of respondents 'absolutely agree' when asked if they were comfortable with their counsellor and just under 90% say they would recommend Youth Talk to a friend.</p> <p>We also monitor attendance rates. The attendance rate during the year for the young people attending their counselling sessions has been high - consistently over 85%. This encouraging level of attendance demonstrates that once there has been engagement in the work with their counsellor young people are able to commit to regular attendance.</p> <p>In additions, we ask clients to complete an end of service evaluation form - some of the comments we have received include:</p> <ul style="list-style-type: none"> - It was so beneficial to me and really helped me cope whilst going through such a tough time. - Great service thank you so much for the life changing help - Thank you for all your help over the past six months I will never be able to explain how much this has helped me. I feel the best I ever have and that's down to having you to help me get through

TFN Impact Report

	<p>the hard days. I wish you all the best and thank you again. Always remembering you can't have the good days without the bad.</p>
--	---