

Name of your organisation	<b>ADHD Babes</b>
Date of TFN event which you pitched at	20/04/2023
Name of the project TFN funded	<b>Improving Access to Psychiatric Care for Black Disabled Women and Non-binary people</b>
Were you able to undertake your project as you outlined in the application?	Yes
Can you describe and/or demonstrate the specific impact that TFN funding has had against your initial objectives?	<p>With the financial support of the BFN we were able to fund a partnership with an NHS approved private clinic and in total offer 21 free assessments to Black Women and Non-binary people across England.</p> <p>With the funding I was able to cover time lost to offer additional induction and mental health check ins before and after a psychiatric assessment.</p> <p>All 21 members who were assessed fit the criteria for ADHD and were given a diagnosis. This has meant different things for different people with some babes expressing they were able to:</p> <ul style="list-style-type: none"> <li>- complete their degree in medicine</li> <li>- apply for rehousing with their council</li> <li>- apply for internships and launch their own freelance business</li> <li>- go into therapy to recover from living undiagnosed for so long</li> <li>- get back into work</li> <li>- begin a healing and personal forgiveness journey</li> <li>- be a better parent</li> </ul> <p>80% of beneficiaries stated they found the pathway accessible (4 or 5/5)</p> <p>96% of beneficiaries stated they found having a Black Woman as a psychiatrist was beneficial (4 or 5/5)</p> <p>100 of beneficiaries said they would refer this opportunity to someone else</p> <p>Finally, we used a small remaining amount towards our 3 year anniversary fundraiser and celebration where over 70 people registered to attend, we held a panel discussion, food, music, stalls, art workshops, a creche and games!</p>
What portion of the project did TFN fund?	100%
How many direct beneficiaries did the TFN funded project reach?	21
How many indirect beneficiaries did the TFN funded project reach?	91
Were you able to leverage further funding as a result of TFN support?	Yes
If yes, how much were you able to raise and from whom?	£20,721
Did you receive any pro-bono support, volunteer offers or introductions as a result of the event?	No

<p>If yes, please can you provide details of the support you received?</p>	<p>-</p>
<p>How important was TFN funding in helping you achieve your objectives?</p>	<p>We wouldn't have been able to achieve our objectives without TFN funding</p>
<p>Has the training you received from TFN better prepared you in pitching your organisation to potential funders?</p>	<p>Yes</p>
<p>Has TFN increased your capacity to raise further funds?</p>	<p>Yes</p>
<p>Can you tell us any personal stories to highlight the value of the project?</p>	<p>Because of the BFN I was approached by a funder who supported us with further funding that we have been able to use as core funding. This has meant I can work part time and dedicate days to working on ADHD Babes. Doing this has opened up my mind to think forward rather than fire fighting and going hand to mouth with smaller project based grants. I have now been able to formalise our internal systems and forward plan months in advance based on community feedback and surveys. It has also made me believe in myself as a leader as I can say with confidence I work part time and our business model is viable enough that people believe in what we do. I feel so blessed and hopeful about our future becoming sustainable and making life long generation change. Thank you!</p>
<p>Since presenting at TFN, has your organisation undergone any other significant changes?</p>	<p>Yes, we now have 2 staff working part time and have started running monthly in person socials. I have also formalised the slides I was supported to make and we use them to raise awareness across London and more recently in Bristol.</p>
<p>Do you have any other comments or feedback on the experience of the TFN process?</p>	<p>Thank you so much, you are truly spreading light and creating stable foundations for people like me who are passionate, but on shaky ground. It can feel so scary to know something is important but have no idea how to tell the world and get them on side. Being supported in such a compassionate and intentional way means I carry with me that someone believes in me and us, and they believed in the idea of community before they even knew my name. It is a gift to the wider community and those who believe in collectivism and Ubuntu. I feel blessed to be part of it. Only thing I would change is I have been asking for quite some time to be connected to the folks who you rent from for your events so we could potentially host events there and have not heard back. Sharing that resource would be really beneficial and I would appreciate it!</p>